

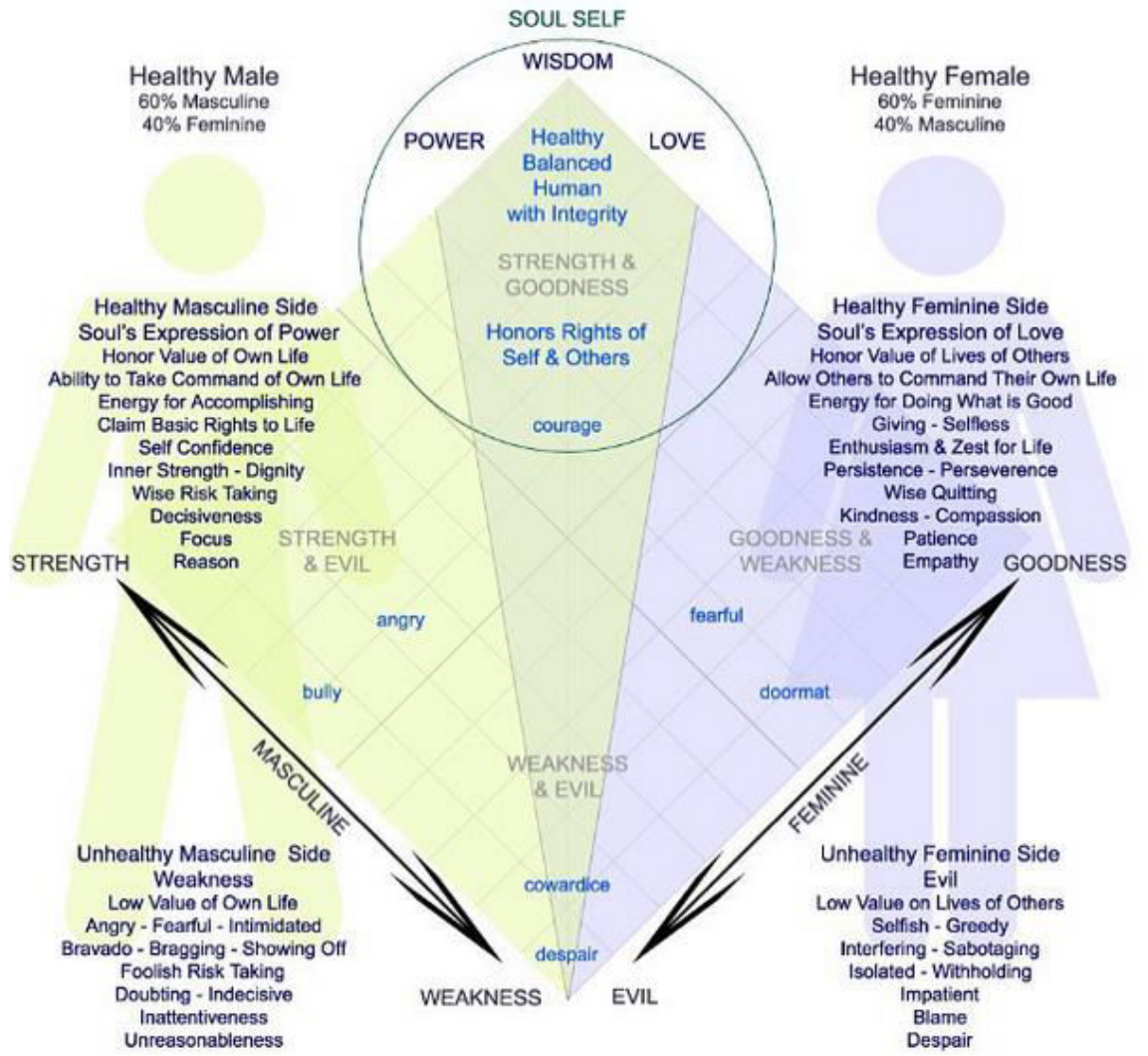
WE ARE ALL WOMBMAN. GENDER STEREOTYPES AND ENFORCED ROLES ARE FALLING AWAY AS WE EVOLVE AS A SPECIES. WE ARE ALL BORNE OF THE WOMB & CARRY DIVINE MASCULINE & FEMININE ENERGIES WITHIN. OUR GENITALS DO NOT DENOTE WHAT DOMINANT ENERGY FIELD A HUMYN POSSESSES. EVERYTHING IN NATURE HOLDS MASCULINE AND FEMININE ENERGY IN A DIVINE BALANCE. ONENESS. WHOLENESS. RECEPTIVE AND NURTURING. WILLFUL AND EXPANSIVE.

THE HUMYN HAS BEEN SO WOUND AND BOUND BY GENERATIONAL BRAINWASHING ABOUT WHAT WE ARE / WHAT IS / WHAT SHOULD BE. CHOOSE YOUR OWN LIFE. HONOR WHAT RESONATES WITH YOU. JUDGE NO ONE AND NO THING, FOR WE ARE ONE. MAY WE RISE AS ONE HUMYN ORGANISM IN LOVE. CHOOSE TO UNITE THE BEING WITHIN YOU. CHOOSE TO LEARN TO LOVE YOU. ALL I SHARE HAS HELPED ME HEAL A LIFE LONG BATTLE WITH ADDICTION & SELF HARM. EVERYTHING DISCOVERED ASSISTED ME IN RELEASING ANCIENT WOUNDING AROUND MY EXPECTATIONS OF MYSELF AS HUMYN BORN AS A BIOLOGICAL FEMALE, INDOCRINATED INTO CATHOLISCM, SEEKING A HIGHER KNOWLEDGE & DEEPER SPIRITUAL WISDOM THAT I FELT WAS CALLING TO ME.

[THE SACRED MASCULINE RISES WITHIN ALL HEARTS NOW](#)

“If you don’t know your purpose, discover it, now.

The core of your life is your purpose. Everything in your life, from your diet to your career, must be aligned with your purpose if you are to act with coherence and integrity in the world. If you know your purpose, your deepest desire, then the secret of success is to discipline your life so that you support your deepest purpose and minimize distractions and detours.” ~ [David Deida](#) | [CLICK> THE WAY OF THE SUPERIOR MAN](#)



[CLICK> WHAT IS THE DIVINE FEMININE?](#)

[CLICK> WHAT IS THE DIVINE MASCULINE](#)

[CLICK> EVOLVING THE MASCULINE](#)

THE AWAKENING MAN-A PORTRAIT OF POSSIBILITY FOR HUMANKIND: By Jeff Brown

The awakening man is conscious, heartfully defined. Through his eyes, being conscious is not a cerebral construct, nor an intellectual exercise bereft of feeling. It is a felt experience, an ever-expanding awareness that moves from the heart outward. It is feeling God, not thinking God. The new man is always in process, awakening through a deepening interface with the world of feeling. He continues to strive for a more heartfelt and inclusive awareness.

The awakening man has shifted his focus from a localized and ethnocentric perspective to a world-centric framework of perception. His community is humanity. Rooted in the relational, his sense of responsibility extends well beyond his localized self and community. Where possible, his choice-making is fuelled by an expansive vision of possibility for all of humankind. Not every man for himself, but every man for humanity.

The awakening man has reverence for the divine feminine, in all her forms. He celebrates the wonder that is woman. He is respectful, honouring and gracious. He is saddened by the horrors perpetuated against women by the malevolent masculine. He holds his brothers accountable. He makes amends for his own misdeeds. He co-creates a world where all women will feel safe to move about freely, to find their voice, to actualize their inherent magnificence. He welcomes a world where women and men stand as equal partners. Humankind.

The awakening man is not externally derived. He is authentically sourced. He does not compare himself to others. He does not adapt his personality to the dictates of the crowd. He stands in his own centre, respectful of others but not defined by them. He works diligently to liberate his consciousness from the egoic ties that bind. He has become his own benchmark, valuing authenticity over image. He is the sculptor of his own reality.

The awakening man courageously works on his emotional processes. He clears his emotional debris and sheds his armour. He faces his issues and unconscious patterns heart on. He calls himself on his self-avoidant tendencies and honours the wisdom at the heart of his pain. He communicates his feelings in a way that is respectful to others. He learns and speaks the language of the heart.

The awakening man leads a purpose-full existence. He has heard the call to a deeper life. Not satisfied with survival alone, his ambitions are rooted in higher considerations- the excavation and actualization of his sacred purpose. He is energized by his purpose, not by the machinations of the unhealthy ego. He is coated in an authenticity of purpose that sees through the veils to what really matters. His purpose is his path.

The awakening man is accountable for his actions and their effects. He does not deflect responsibility. He does not sidestep or blame. He is self-admitting and

emotionally honest. He admits his errors, and makes amends. He works diligently in the deep within, crafting a more clarified awareness with every lesson.

The awakening man moves from the inside out. More interested in inner expansion than outer achievement, he cultivates and honours his intuition. He explores and develops his inner geography. He adventures deep within, integrating the treasures he excavates into his way of being. He seeks congruity between his inner life and his outer manifestation.

The awakening man seeks wholeness. He is not satisfied with a fragmented way of being. He has no attachment to archaic, linear notions of masculinity. He seeks a sacred balance between the healthy masculine and the healthy feminine. He seeks an inclusive way of being, one that reflects all of his archetypal aspects. He is role flexible, comfortable moving through life in many different ways.

The awakening man embodies the highest standard of integrity in his words and deeds. He makes a sustained effort to work through anything that is not integrity within him. His framework of integrity is never convenient or self-serving. He honours his word, even at his own expense. He moves from a value system that is unwaveringly incorruptible. He recognizes that success without integrity is karmically unsound and meaningless.

The awakening man prioritizes conscious relationship. He values authentic co-creation. He honours relationship as spiritual practice. He seeks physical intimacy that is deeply vulnerable and heartfully connective. He is attuned, engaged and healthily boundaried. When relational challenges arise, he courageously works through any obstructions to intimacy. He stands in the heartfire.

The awakening man is a warrior of the heart. He has taken his clarifying sword inward, cutting away everything that is not compassionate. After too many lifetimes with weapon in hand, a benevolent warrior is being birthed at the core of his being. He honours the warrior capacity for assertiveness, but he is not arbitrarily aggressive. He moves from love and compassion.

The awakening man endeavours to live in a state of perpetual gratitude. He is grateful for the gift of life. He is grateful for those ancestors who built the foundation that his expansion relies upon. He is grateful for those who encouraged him before he could encourage himself. He is grateful for those who stand beside him in this lifetime. He knows that he does not stand alone.

The awakening man is comfortable in his vulnerability. He participates in his own revealing. He is not afraid to surrender- to reality, to love, to truth. This is not a weakened form of surrender, but one that is emblazoned with courage. It takes more courage to surrender than to numb. He openly explores his capacities for receptivity and tenderness. He does not identify these capacities as distinctly feminine, but as whole human. He is strong enough at the core to live in a vast array of emotions.

The awakening man moves through the marketplace responsibly, with a vigilant eye to the ways of the unhealthy ego. He is not opportunistic in a vacuum. He does not compete for competition's sake. He does not accumulate for the sake of accumulation. In charting his course, he is mindful of his impact on humanity. He is empowered but he does not exploit power. He derives his power from his connection to source, not from power over others. Where possible, he shares the abundance, gifting back to humanity. He works hard to bridge the world as it is with a world of divine possibility.

The awakening man has reverence for Mother Earth. He has reverence for animals. He never imagines himself superior or distinct from the natural world. He understands the interconnected and interdependent nature of reality. He knows that if he does damage to the environment, he does damage to himself. He walks carefully, with awareness, consciousness and appreciation. The awakening man has no claims on God. His spirituality is tolerant, inclusive, respectful. He honours all paths to God, so long they are respectful of others. He accepts those who believe, and those who don't. He condemns any path that uses religious differences as a justification for destruction.

The awakening man brings forward many of the qualities of the healthy masculine of old. He is noble. He is responsible. He is productive. He is kind-hearted. He is protective. He is unswervingly honourable. He is down to earth. He is sturdy. He is flexible. He is realistic. He is hopeful. He is sensitive, not fragile. He is healthily egoic, not self-centred. He is both practical and heightened at the same time. He ascends with both feet on the ground. He is really here.



[ALEX GREY VISIONARY ART FOR SOUL AWAKENING](#)

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PLANET AT THIS TIME ON INSTAGRAM**](#)

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APOLOGIES TO THE SACRED MASCULINE

By: Jeff Brown

(The letter this warrior-in-transition would like to receive)

I apologize for those moments when I couldn't see beyond my projections to your true nature. With so much relational trauma in the rear view mirror, I couldn't distinguish the heartless from the benevolent warrior. With my lens blurred by unhealed emotions, I was unable to see you in your wholeness. I unknowingly projected my negative expectations without recognizing those moments when you

were moving from love. Please forgive me my projections, and know that below my pain was a heart that genuinely longed to merge with yours.

I apologize for pushing you to open your heart when you weren't ready. I longed to be met in my openness, and I couldn't bear the disconnect between us. I am nourished by direct communication, and I took your silence personally. I didn't understand the relationship between your detachment and your warrior conditioning. I do see this now. From the beginning, you have been cast in the role of warrior protector and your emotional armour was fundamental to your task. Without it, you would not have been able to remain vigilant on the battlefield, nor succeed in the competitive marketplace. As our world moves away from survivalism as a way of being, I am hopeful that you will feel safe enough to live from an open heart. Such beautiful light comes through that opening.

I apologize for not always seeing your limitations and struggles. There were times when I could not see past my expectations and fantasies. I had grown up with a fairy tale of a great knight that would save me, and I clung to that vision, preferring the perfection projection to the reality of humanness. As a result, I didn't always see how much stress you carried, how difficult things were, how hard it was to hold it all together. Of course, we perpetuated the projection together- you hid your humanness from view while I chose not to look for it. I look forward to the day when our relationships are not predicated on illusions, but on a deep recognition of each other's authenticity.

I apologize for giving you mixed messages about how I wanted you to manifest. At times, I wanted you to be soft and tender. At other times, dominant and protective. How confusing this must have been for you, how challenging to go back and forth between such differing feeling states. It has been so confusing for all of us, trying to straddle the line between our needs for both safety and vulnerability. One day, the perversions of polarity will fall away and we will arrive at a sacred balance between all healthy ways of being. Women will feel safe to assert their voice and embody their wholeness, and men will feel equally safe disarming and speaking from their vulnerability. On the rivers of essence, everything flows in the same direction- towards the ocean of wholeness.

I apologize for being passive aggressive towards you. I was not taught to express anger directly, and I was frightened of your aggressiveness. I know that you have had similar challenges with experiencing your sadness and releasing your tears. In the world we are moving towards, I am hopeful that both genders will have seamless access to all emotional states and healthy forms of expression.

I am sorry that I expected you to fill my emptiness, when the only one who can fill it is me. I have often looked for answers in relationship, somehow imagining that

another could complete me. After so many centuries of disempowerment, I didn't realize that I had the tools for my own self-creation. But I am recognizing it now. Where before we met as two fragmented beings, we will soon meet as two whole beings- each of us healthily boundaried, well-integrated and intrinsically complete. Two soulitudes.

I am grateful for all those moments when you held me safe and operated within the heart of compassion. The backlash of recent decades was a necessary response to generations of suffering, but many of your contributions got lost in the shuffle. In my efforts to find my voice and stand my ground, I have not always given credit where it is due. I encourage you to re-claim anything you have lost along the way, and to proudly embody the sacred masculine as you once did. I apologize for those moments when I discouraged your power. I could not distinguish it from its historical misuses.

I am grateful for the many positive contributions you have made to my reality. I realize that you often communicated your love for me and the village with deeds, not words. I thank you for helping to construct the structures that my expansion relies upon. I thank you for labouring long and hard to establish rule of law. I honour the warrior spirit that built the railroads, the cities, the bridges that bring us into contact with one another. I honour those warriors who fought and died on battlefields in an effort to protect us. You have sacrificed so much in order to hold us safe. Praise to those benevolent warriors who came before.

I am grateful for GrandFather, for holding the space for my expansion with patience and wisdom. I am grateful for Father, for defending and sheltering me. I am grateful for Father Sky, for showing me a vision of possibility that transcended my circumstances. I am grateful for the Divine Father, the real Father of us all. I now feel his divine presence, so close. Fiercely compassionate, he was always right here, holding me safe.

There has been so much blame between us, so much hatred and name-calling. To be sure, it is essential that we express our anger and heal our hearts. Nothing should be swept under the rug in that process, everything should be exposed. But it is also important that we have compassion for each other and endeavour to understand the context for our actions. We have all been victims of a sociological landscape that impacted on our identifications and behaviours. Like two different species in the same bed, we were compelled by circumstances to inhabit roles that kept us miles apart.

Those roles have caused us great suffering, each gender suffering in its own way. To the extent that one gender was denied wholeness, the other was denied it as well. Women were denied the right to basic protections and pathways of expression, men

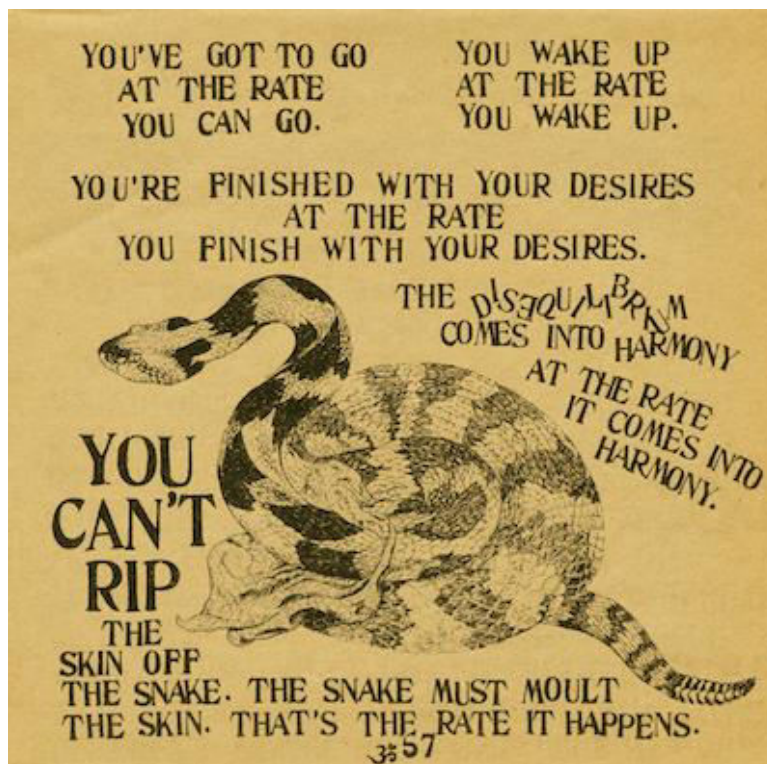
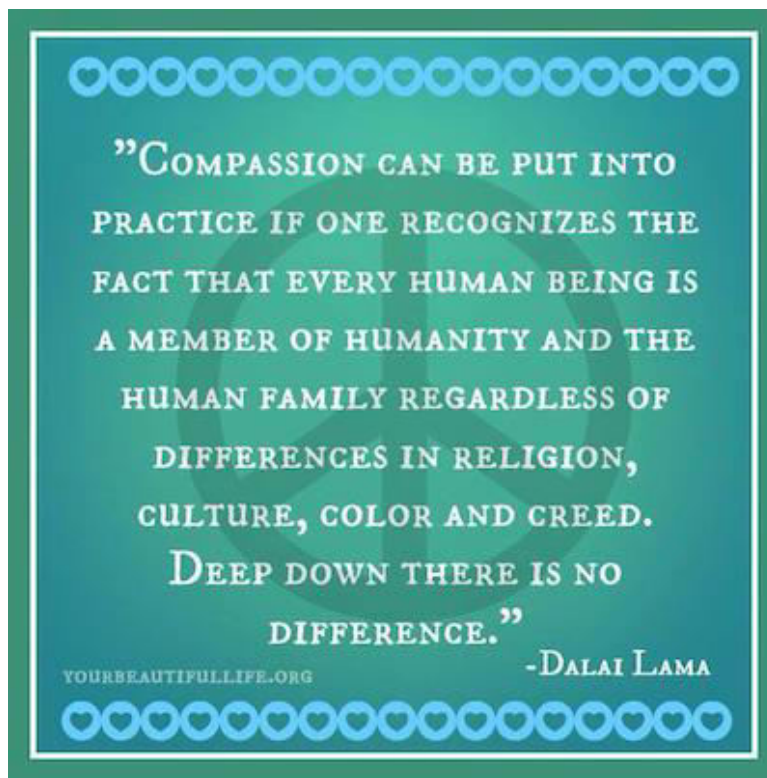
were denied access to a tender, receptive way of being. No one got off easy, despite appearances.

As we move towards a more enheartened interface, may we create space for new visions of possibility. We must begin the process by healing the generation gap that exists between us. We must soften the edges perpetuated by our reactivities. We must heal the rifts along the gender continuum that keep us apart. In my most clarified imaginings, I envision a world that fully celebrates the healthy feminine and the healthy masculine. Instead of throwing all gender differences out with the bath water, we make a conscious distinction between benevolent and destructive identifications. We craft a sacred balance of our healthiest aspects. Each of us identifies the unique fusion of feminine and masculine energies that aligns with our essential nature. And we openly learn from one another -men teach healthy manifestation, women teach healthy womanifestation- and we come to humanifestation together. We meet each other in our entirety.

May we never forget the relational and co-transformative nature of human expansion. Although the ultimate romance is with your own soul, it is our experiences together that give birth to the essential lessons. We are each here to participate in this dance of sacred imagination, stepping on each other's toes and turning each other toward God one clumsy step after another. We trip, and then we get back up with greater awareness. With this in heart, I am hopeful that we can learn to accept one another in our humanness. We are going to continue to make mistakes, but there is grace in that if we see our errors through to the lessons they contain.

I look forward to the day when we can meet one another in our true nakedness, stripped free of unresolved emotions, pain-induced projections, the distortions of duality. For too long we have been on opposite sides of the river, the bridge between our hearts washed away by a flood of pain. But the time has come to construct a new bridge, one that comes into being with each step we take, one that is fortified with benevolent intentions and authentic self-revealing. As we walk toward one another, our emotional armour falls to the ground, transforming into the light at its source. And when we are ready, we walk right into the Godself at the centre of the bridge, puzzled that we ever imagined ourselves separate.


May you feel the presence of the Divine Mother close at heart, inviting you to rest deeply on the tender shores of your own essence, nestling you in the grateful arms of those you have protected. Those who have received your blessings may not always acknowledge it, but your acts of love have landed within us, growing us stronger and infusing us with love's light. Rest dear warrior, rest. I hold your heart safe.




[CLICK>TRUE MASCULINE ESSENCE](#)

[CLICK>HEALING THE WOUNDED WARRIOR](#)

Human Energy Systems · By Doe Zantamata

Feminine Energy		Masculine Energy
<ul style="list-style-type: none"> ·Intuition ·Nurturing ·Healing ·Calm ·Emotional awareness ·Expression and communication of emotions 		<ul style="list-style-type: none"> ·Logic ·Reason ·Energy of action ·Firm ·Ease of acquiring material needs ·Survival ·Common sense

Each person should seek to balance the two energies within them to become a whole being. If they are severely lacking in one type of energy, they may strengthen that by example of another person, but should not rely on an equally imbalanced person to complete their energy through partnership. Two crutches do not allow for walking with ease. Only two strong legs allow for that. By nature, most people will tend to be stronger in some energy and weaker in other throughout life. Some life situations require more of one energy than another to be successful, as they are not completely balanced situations. The goal is not to achieve 50%-50% balance, but to become aware of these energies and be able to utilize them when they are needed.



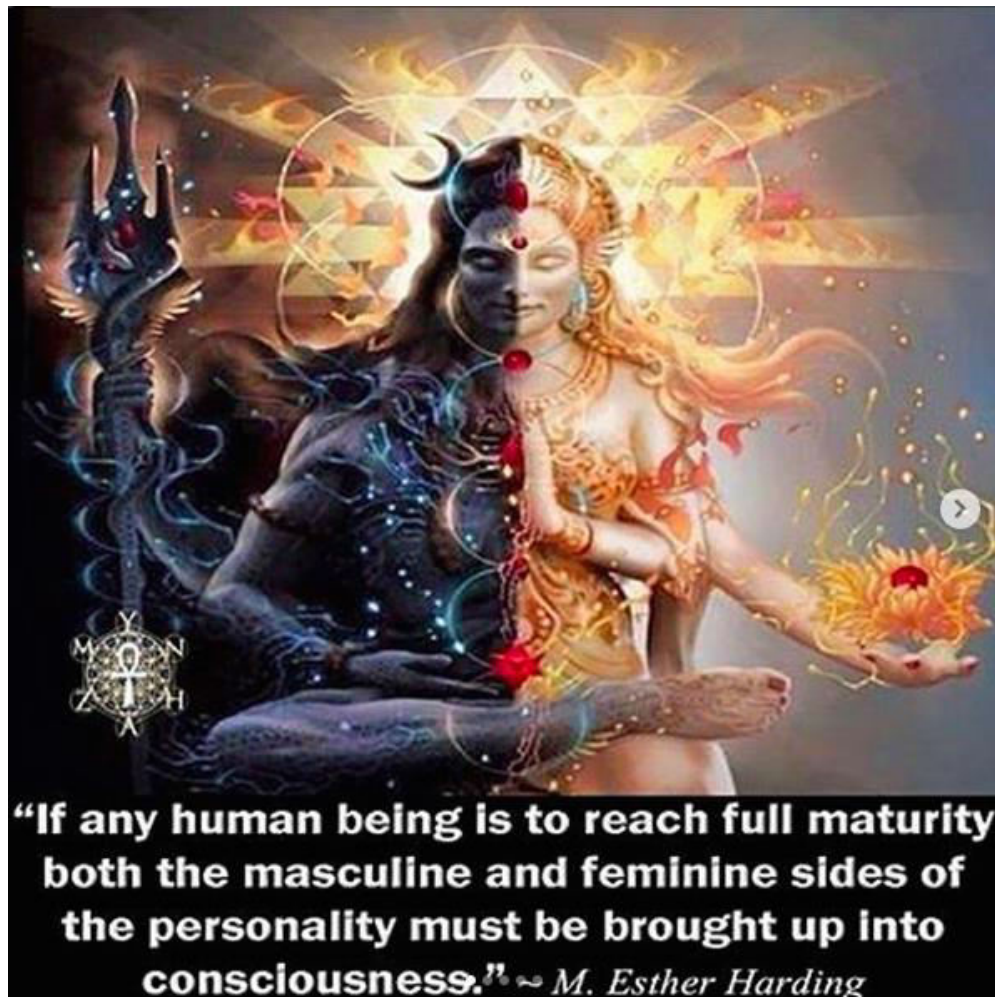


[EXPANDING UNIVERSE BY ALPHA CHANNELING](#)

[CLICK>THE POWER OF MINDFUL EMPATHY TO HEAL TOXIC SHAME](#)

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The Four Agreements

1

BE IMPECCABLE WITH YOUR WORD

- a. Speak with integrity.
- b. Say only what you mean.
- c. Avoid using the Word to speak against yourself or to gossip about others.
- d. Use the power of your Word in the direction of truth and love.

2

DON'T TAKE ANYTHING PERSONALLY

- a. Nothing others do is because of you.
- b. What others say and do is a projection of their own reality, their own dream.
- c. When you are immune to the options and actions of others, you won't be the victim of needless suffering.

3

DON'T MAKE ASSUMPTIONS

- a. Find the courage to ask questions and to express what you really want.
- b. Communicate with others as clearly as you can to avoid misunderstandings, sadness and drama.
- c. With just this one agreement, you can completely transform your life.

4

ALWAYS DO YOUR BEST

- a. Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick.
- b. Under any circumstance, simply do your best, and you will avoid self-judgment, self-abuse, and regret.

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